

### Essay 3:

Some businesses now say that no one can smoke cigarettes in any of their offices. Some governments have banned smoking in all public places. This is a good idea but it takes away some of our freedom.

I'm not completely disagree with this statement. Banning smoking in public places is the best idea that some govern people arrange it. There would be much approaches about this statement statement from my kind of view.

First of all, from some scientific's view, smoking all kind of Cigars is harmful and be able to damage your body's health, because of amount smoke you breathed in to your lungs and throw it out by aortas. This action will have very much influence on important smoker's organ's body. During smoke, you will receive some substances like Nicotine, which makes you a bit relax and calm so help to reacting against stress and tireness. I think these are most factors every person will be stay addicted and can't quite it. Although, many dieaseas like lung cnacers and heart attacs from all genders in different generations were produced by this addiction. So these people allow to kill themselves alowly, but not to be allowed to hurt others, I am totally against with it.

Second, the ban on smoking in public places and some offices does actually threaten freedom. It wouldn't may help them to quite, but encourage to do it more and continue. From this view, it would be better for governments to find other ways to avoid these users to this miserable suicide and distrubing others, who will be near them. They can offer to doing more exercises and join some running clubs to discrease their stress and also Yuga is helpful. Making expensive taxes for Cigars and try to make special places to smoke.

All in all, it's not good to smoke by some reasons to be may dangrous. But this kind of acting is much better than using drugs, Maroana, Cocaine, Heroien and etc. directly and indirectly. By finding better solutions it won't take away anyone's freedom and damage the health.